

Post-op Instructions

Inhalation Sedation/Nitrous Oxide Sedation

1. When the dental treatment is completed, the nitrous oxide mixture will be stopped and replaced by oxygen.
2. The nosepiece will be taken off, and you will be made to sit up in the dentist's chair and will continue to recover for a few minutes.
3. You can leave the surgery/dental practice once you have fully recovered. You should be fully alert and not feel dizzy. This usually takes about 30 minutes after the treatment has ended. The doctor or a member of the dental team will monitor you during recovery and clear you to leave.
4. You may not participate in organised or active sports for the rest of the day but may be able to return to work.
5. You can eat and drink normally after the treatment, but care should be taken if areas of the mouth are still numb to avoid lip, cheek, or tongue biting.
6. You should follow the post-op instructions for the respective treatment performed.
7. You should take medicines as prescribed by your doctor.
8. You may contact us in case of any further queries.

We wish you a speedy and uneventful recovery!

-Team Indiadens